

REFLECT

Ursuline Sisters
Generalate
Rue Musin 1
1210 Brussels



June 2013

Dear Sisters and Associates,

When the Spirit of Truth comes he will lead you to the Truth. (Jn. 16,13.)

The Spirit of Truth has come and He/She is leading us to the Truth of who He/She is and who we are today here and now.

The days of solemnities are over in the Roman Liturgical calendar and we have entered into the Ordinary Time. Yes, in the simplicity and ordinariness of life we are being invited to

experience the Truth that He/She is present in the ordinary. We are being guided by the Spirit to find the truth of who we are with our limitations, goodness and selfishness. We are accepted and loved. We are the beloved. The Spirit of Truth has come. He is with us in ordinariness. This is the time to avoid looking up, as if He/She is there up away from ordinariness.

Now we are invited to take time for contemplation and inner silence (General Chapter Direction 2008), close our eyes, look deep within and find God there in the core of our hearts. Once it happens we begin to see and find him in everything, everywhere, in the wild grass, in the pebbles, in water, in the simple spontaneous breathing, in the irritating body sensations, in the movements of the body and in the struggles of life. In deep awareness we begin to discover the following:



Body

Sound

Breath

Sensations

Life experience

Vibrations of body

Heart centre

Once this awareness comes alive we are able to see in each other what we have experienced in

as the Temple of God

as the Voice of God

as the Breath of God

as the felt sense of God

as the gift of God

as the harmony with God

as the inner Sanctuary

our own being. This enables the unconditional love, kindness, gentleness and compassion flow out of us, revealing to each other the Truth of who God is and who we are in the ordinary day to day life.

Today the world is characterized by a loss of simple civilities. Loss of paradise was not only the

loss of innocence but the loss of the sense of the other being as sister or brother. If only we shared, the world would become a kinder place. Nobody expects us to be superhuman in our approach to life. In fact the kinder we are the more sensitive we become to each other and to the creation.

What is my share to make the world a kinder place?

What am I invited to in simplicity and ordinariness?

Sister Gemma Rose Minj

INTERPROVINC MEDICAL PERSONNEL MEETING 2013

The Inter province Medical Personnel meeting 2013 was Co-ordinated by Ranchi Medical Team and held successfully at Ursuline Provincialate Gumla from 12th April to 14th April 2013. The number of participants was about 44 who very actively participated in it. It was indeed not only a meeting but a celebration because it brought the sisters from far and near from all the Ursuline Provinces of Ranchi, Gumla, Ambikapur and Tejpur. Thus the bond of unity and oneness was deeply and strongly felt by all the Sisters.

Purpose of the meeting :-

1. To cement "our union of minds and hearts" beyond the boundaries of our provinces.
2. To rejuvenate, revitalize and re-motivate ourselves to continue the healing ministry with aggressively.

It was a moment of historic event for the Indian Provinces.



Sr. Eva - She explained about Emotional Intelligence and Health Care. Emotional Intelligence is self awareness, self regulation, self motivation, social awareness and social skills.

Sr. Sushma expressed her joy and happiness of being with the sisters, felt privileged, encouraged and proud. She thanked and congratulated all the Doctors and nurses for having taken this great responsibility, a great

job to serve all the sick and suffering and the dying.



Different role of a medical personnel:

- a care giver/care provider
- a great Teacher
- a great Counselor
- a change agent
- an advocate
- a manager
- a researcher

A session on "Spirit of service and mission" was given by Fr. Sushil Tirkey S.J.

Sr. Gemma Rose Minj, member of the General Leadership Team addressed to the medical personnel. In her message she said that each one as medical person is very precious and important. Each one is called firstly to be a Christian, secondly to be an Ursuline Sister and thirdly to be a Holistic care giver.

Fr. S. Christu Das spoke on "Journey towards improving the quality of medical personnel's"

"Ayur " Herbal medicines and Yoga was initiated by Sr. Melani (Ambikapur Province) Sr. Melani with her rich experience shared beautifully, clearly and confidently with regard to many common diseases like Blood pressure, Diarrhoea / Dysentery, Snake bite, Sickle cell, cold, cough, tuberculosis, bodyache, arthritis, Jaundice, Diabetes, Typhoid, Malaria and its treatment. She said that there are no side effects with "Herbal medicines".

Sr. Dr. Eileen Kujur spoke on Emergency Drugs! It was very interesting to see the enthusiasm and curiosity of the participants as they all



came up with many questions and clarifications.

The 3 day meeting was concluded successfully and everyone went back home satisfied to continue their ministry of healing.

Medical Team, India

The International Tertianship (October 15, 2012—May15, 2013)

We left India for Rome with much anxiety, hope and expectations to see new places, to learn about different cultures and to be



enriched by deep experience of Angela and to grow deeper in God's love.

We stayed one day in Rome and the next day we proceeded to Brussels for a few days' experience of European environment. We had

good time with our Sisters in the Generalate. We were enriched with our sisters in Floordam and Scherpenheuvel. These are the two communities where we lived and experienced the lifestyle and the spirituality of our Belgian Sisters.

Belgium being the birth place of our Founder Fr. John Lambertz, we had the opportunity to visit the Tildonk parish church where he



ministered and founded the Congregation. We saw his grave as well. We felt blessed and grateful for the opportunity given to us.

After two weeks of rich experience with our Sisters in Belgian Province we returned to Rome on October 14, 2012. We began our tertianship program on October 15, 2012, The theme of our tertianship was "go out into the deep" (1k.5:1-11)

We were 19 Sisters all together, divided into English and Spanish speaking groups. We enjoyed our togetherness. We experienced and witnessed this oneness in our sharing, daily Eucharist, prayer, and outings. The whole period of seven months has been a time of grace, a journey of faith, prayer, reading, reflection, learning and a time of renewal.

It was a challenging experience to live with the International group of Sisters for seven full months. One month retreat in January 2013 was another unique time for us.

Our Pilgrimages to Brascia / Desenzano / Salo, Varallo (known as new Jerusalem), Assisi, Subiaco (of St. Benedict), Florence, our visit to different Churches in Rome and reflection on the lives of all the saints were the time of inspiration, encouragement, and an invitation to respond to God's call with much courage and daring and to remain faithful to our consecrated life.

We were privileged:

- to begin our Tertianship program in the 'year of faith'.
- To be in Rome at the historical event of the resignation of Pope Benedict XVI from his office and election of new Pope Francis in the life of Roman Catholic Church.
- To be able to visit Belgium in the beginning



of the program and experience the blessing of Fr. John Lambertz at Tildonk and of Sr. Margaret O'Brien and the other members of Congregation Leadership.

- To be visited by Sr. Margret O'Brien towards the end of our program when she attended the UISG (Union of

International Superiors General) meeting 2013 in Rome,

On May 16th 2013 we flew back to India to



Sisters Pratima, Olga Illunga (from Vice Province of Congo)-Studying in Rome, Margaret O'Brien, Nirmala

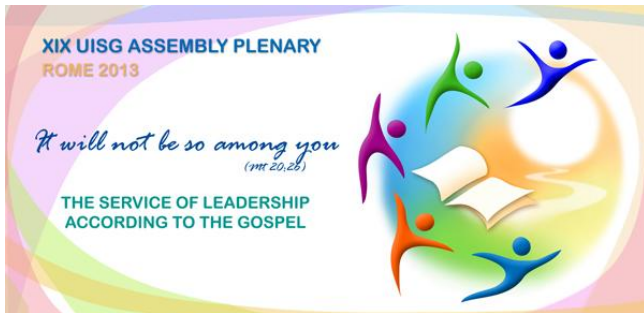
continue our mission of making God known and loved with much enthusiasm and zeal.

We Srs. Nirmala and Pratima say big thank you to Sr. Margaret O'Brien and to the other members of Congregation Leadership Team, former and present Provincials and the team, and special gratitude goes to our Sisters in Canada. Thank you to all for big and small gestures of concern shown to us during and before our tertianship program in Rome..

Sr.Nirmala(Tezpur Province)
Sr.Pratima (Ranchi Province)

UISG Meeting 2013: In May, I traveled to Rome to attend the meeting of the UISG (Union of International Superiors General). It was an extraordinary experience to be amidst eight hundred women from seventy six countries, all leaders of religious congregations and striving to carry out the mission of Jesus Christ, albeit in various ministries and capacities. One could not help but notice that, in general, the older women present were from North America, Europe

and Australia while the younger women came from Asia, Africa and South America. We were each assigned to a table of our



chosen language. There we met sisters from across the world. We engaged together around the theme of the gathering and the conferences which were presented.

This year the theme of the meeting was "This will not be so among you," taken from Matthew 20:26. The Gospel continues: "No, anyone who wants to be great among you must be your servant, and anyone who wants to be

first among you must be your slave, just as the Son of Man came not to be served but to serve, and to give his life as a ransom for many." Verses 27-28. The challenge being set out before us was very clear.



Each day we heard a presentation on this theme, and each day we were challenged to reflect deeply on what it means to be in

leadership today, how we are to interpret religious authority in today's context, the challenges of our vow of obedience, how to live as followers of Jesus Christ and not merely as worshippers of Jesus Christ. How we have lived our vows in the past is no guarantee that we shall know how to live them in the future. The UISG meeting challenges us to discern together how we are being called now to live religious life, what is the essence of our life and what needs to be discarded.

May we have the courage to face the realities of our day, to engage in the



challenging questions which confront us, and to live into the future with confidence and trust in our loving Creator God.

The talks from the UISG meeting may be found at the website www.uisg.org.

Margaret O'Brien OSU